

Call: 079 036 9306



inzolo@houtbaymanor.co.za

Pricelist 2021

MASSAGE THERAPY

Inzolo Duo Massage (60 minutes) - R1 700

Indulge in a bespoke wellness or aromatherapy massage with "your person", tailored to your needs.

Inzolo Wellness Massage (60 minutes / 45 minutes) - R840 / R700

Relaxing Swedish massage to regenerate mind and body, improve circulation and eradicate toxins.

Inzolo Signature Massage (60 minutes) - R890

Hot basalt stones fused with Swedish and Deep Tissue massage resulting in deep muscle relaxation. Sheer decadence.

Inzolo Aromatherapy Massage (60 minutes) - R870

Awaken the senses with our Africology fragranced oils or butters. Lemongrass, Neroli, Ginger and Cinnamon, Frangipani and more. Just breathe.

Inzolo Deep Tissue/Sports Massage (60 minutes) - R920

This Deep Tissue/Sports massage is formulated to relieve muscle aches, tension and stiffness along with the aid of specific stretches and mobilisation techniques. Ideal for speeding up recovery for all sports people, as well as aiding those stressed muscles.

Ask for our FreeMove Recovery Rub. It is especially formulated to relieve muscle and joint pain.

Mamma Massage (60 minutes) - R870

Pre-natal massage techniques alleviate tired muscles and fatigue. Aids circulation. (12 - 38 weeks only).

Add on 15 minutes - R200

Add on 30 minutes - R380

The Works Massage (75 minutes / 90 minutes) - R1 100 / R1 300

The Ultimate Decadence. A fusion of hot stones, Swedish, deep tissue with aromatic oils and fragranced body butters. Just melt.

CBD (Cannabis oil) Massage (60 minutes) - R850

Swedish massage incorporating the finest CBD oil to reduce inflammation, promote healing and aid insomnia. Not suitable for pregnancy.

Indian Head, Hand & Reflexology Foot Massage (30 minutes) - R480

AFRICOLOGY SKIN THERAPY

Africology Bespoke Facial (60 minutes) - R790

A chemical free, bespoke facial tailored to the client's needs, yet performance driven with visible results. Correct treatment approach will be implemented on individual skin analysis.

The focus is on deep pore cleansing. Gentle, is the Africology approach. Hydration and effective supplementation are vital in preserving the skin's youthfulness. Never neglecting the sensitive skin under the eyes and dark circles.

Designed to lift and plump up the skin. Preserving the skin and preventing pre-mature aging is the Africology goal.

Africology Full Body Exfoliation (30 - 40 minutes) - R480

Using extracts of walnut and Marula, your body is revitalized and polished to glowing perfection.

Africology Rooibos & Lavender Wrap with Full Body Exfoliation (60 - 75 minutes) - R900

Walnut & Marula scrub exfoliates the dead skin cells followed by a hydrating Rooibos & Lavender mud, containing natural plant oils. The skin is left refined and rejuvenated. Includes head and foot massage. Not suitable for pregnancy.

Revitalise. Rejuvenate. Purify. Balance.

THALGO LA BEAUTÉ MARINE TECHNOLOGY SKIN THERAPY

*A new and unique art of enhancing your Beauty, inspired by the 5 oceans.
A French brand and family owned business. Thalgo has become a world
leader in professional marine cosmeceutics.*

Thalgo Spa Skin Facial (60 minutes)

This classic facial is tailored to meet the needs of all skin types.

There are two treatment options:

Source Marine Facial - R1 050

This facial lastingly corrects the hydration level of dehydrated skin, deeply replenishes and restores the skin's velvety-smooth feel and original radiance.

Cold Cream Marine Facial - R1 020

A haven of peace for dry and sensitive skin, this treatment delivers the essence of the Cold Cream Marine recipe. To lastingly nourish and increase the skin's tolerance threshold. A Thalgo exclusive.

Thalgo Purete Marine Facial (60 minutes) - R980

Specifically designed for combination to oily skin. This treatment provides marine power to restore the beauty of healthy skin and visibly reduce imperfections, redefines pores and controls shine.

Thalgo Illuminating Radiance Facial (30 minutes) - R620

The Ultimate Hydra Marine Ritual, magnifies radiance and illuminates dull, tired complexions. The secret to its effectiveness is the mask and professional concentrates combined with energising digital pressure.

Add to this:

Thalgo Anti-Wrinkle Hyaluronic Eye Patches - R290

These hyaluronic eye patches takes your existing Thalgo facials and incorporates the Eye Expert eye care treatment to maximum anti-aging results, from the very first treatment.

Thalgo Hyalu Procollagene Facial (60 minutes) - R1 750

The first Thalgo wrinkle-by-wrinkle treatment. Hyaluronic acid and marine pro-collagen together with roller boosters, with targeted action, on even set in wrinkles, for visible effects from the 1st treatment.
Your skin deserves this.

PACKAGES

Thalgo Magical Duo Package (2 hours) - R3 400

Start your journey with "your person" 60 minute bespoke massage of your choice, followed by a de-luxe facial.

Thalgo Me Time Package (2 hours) - R1 700

Escape and indulge. A 60 minute bespoke massage followed by a 60 minute facial. Sheer decadence.

Add on a glass of Bubbles - R80 per glass

Create Your Own Spa Package

We can tailor make to your needs.

You could then enjoy a delicious lunch at EAT restaurant should you wish to extend your package. This will be charged A la Carte.

MANICURES

Deluxe Spa Manicure - R430

Deluxe Spa Pedicure - R470

Add Gelish - R100

Add Soak Off - R150

Add French - R100

WAXING

Lip - R130

Chin - R150

Brow (& Shape) - R160

TINTING

Lashes - R160

Brows - R130

Lash, Brow & Shape - R250

CANCELLATION POLICY

If you are not able to make your scheduled appointment, please advise us 5 hours in advance in order not to incur any cancellation charges.

Concierge Aesthetics – By Dr. Varsha



DR. VARSHA

Maxillofacial Surgeon practicing

I was privately educated at The Whykeham Collegiate & St. John's DSG, I spent many a happy year there. I achieved my undergraduate degree at Stellenbosch University. I then completed my post graduate at WITS University. I further pursued my education in Medical Aesthetics & expanded my knowledge in facial anatomy.

I have been exposed and privileged to work and train internationally.

What Is BOTOX Cosmetic

BOTOX Cosmetic may be the one for you. You may feel that the moderate to severe glabellar lines between your brows make you look tired or unapproachable, or have other reasons for being curious about BOTOX Cosmetic. Ask your doctor about BOTOX Cosmetic to find out if it is right for you.

What is Voluma

Juvéderm Voluma is injectable hyaluronic acid volumiser that re-contours the face to restore volume to chin, cheeks & cheekbones that have become hollow or thin due to weight loss or age-related facial fat loss. Immediately after treatment, you should notice that your facial contours appear fuller & rounder, giving your face a softer, more youthful appearance.

Please call the Hotel on 021 790 0116 between the hours of 08h00 – 16h00, to make your appointment with Dr Varsha.

Before the Treatment

- Consult Dr. Varsha to find out whether you are a candidate for treatment with BOTOX Cosmetic or Voluma. Consultation fee is R500 and is done at the Hotel or in your Hotel room.
- Dr. Varsha will ask you about your goals to determine where to administer BOTOX Cosmetic. To do this, Dr. Varsha may examine your ability to move certain muscles in your brow area. The location, size, and use of the muscles that create furrow between your brows can vary among individuals.
- Ask Dr. Varsha any questions you may have about your expectations for treatment.
- Discuss treatment goals and finalize a customized treatment plan tailored to your needs.

The Treatment

The administration of BOTOX Cosmetic involves:

- No anesthesia is required. However, Dr. Varsha may choose to numb the area with a cold pack or anesthetic cream. Discomfort is usually minimal and brief.
- Dr. Varsha will administer a few tiny injections of BOTOX Cosmetic directly into the muscles that cause those moderate-to-severe frown lines between the brows.

After the Treatment

- You will be required to remain upright for 6 hours after your treatment. No lying down. After the 6 hours, you're welcome to go out and enjoy your day.
- Common side effects associated with the injection include localized pain, infection, inflammation, tenderness, swelling, redness, and bleeding/bruising.