

Pricelist 2021

MASSAGE THERAPY

Inzolo Duo Massage (60 minutes) - R1 650

Indulge in a bespoke massage tailored to your needs with "your person".

Inzolo Wellness Massage (60 minutes / 45 minutes) - R790 / R650

Relaxing Swedish massage to regenerate mind and body, improve circulation and eradicate toxins.

Inzolo Signature Massage (60 minutes) - R850

Hot basalt stones fused with Swedish and Deep Tissue massage resulting in deep muscle relaxation. Sheer decadence.

Inzolo Aromatherapy Massage (60 minutes) - R820

Awaken the senses with our Africology fragranced oils or butters. Lemongrass, Neroli, Ginger and Cinnamon, Frangipani and more. Just breathe.

Inzolo Deep Tissue Massage (60 minutes) - R890

This Deep Tissue massage is formulated to relieve muscle aches, tension and stiffness along with the aid of specific stretches and mobilisation techniques. Ideal for speeding up recovery for all sports people, as well as aiding those stressed muscles.

Ask for our FreeMove Recovery Rub. It is especially formulated to relieve muscle and joint pain.

Mamma Massage (60 minutes) - R820

Pre-natal massage techniques alleviate tired muscles and fatigue. Aids circulation. (12 - 38 weeks only).

Add on 15 minutes - R200

Add on 30 minutes - R380

Hand and Foot Massage (30 minutes) - R450

Africology Full Body Exfoliation (30 - 40 minutes) - R480

Using extracts of walnut and Marula, your body is revitalized and polished to glowing perfection.

Africology Rooibos & Lavender Wrap with Full Body Exfoliation (60 - 75 minutes) - R850

Walnut & Marula scrub exfoliates the dead skin cells followed by a hydrating Rooibos & Lavender mud, containing natural plant oils. The skin is left refined and rejuvenated. Includes head and foot massage.

Not suitable for pregnancy.

THALGO LA BEAUTÉ MARINE TECHNOLOGY SKIN THERAPY

*A new and unique art of enhancing your Beauty, inspired by the 5 oceans.
A French brand and family owned business. Thalgo has become a world leader
in professional marine cosmetics.*

Thalgo Spa Skin Facial (60 minutes) - R950

This classic facial is tailored to meet the needs of all skin types.

There are two treatment options:

Source Marine Facial

This facial lastingly corrects the hydration level of dehydrated skin, deeply replenishes and restores the skin's velvety-smooth feel and original radiance.

Cold Cream Marine Facial

A haven of peace for dry and sensitive skin, this treatment delivers the essence of the Cold Cream Marine recipe. To lastingly nourish and increase the skin's tolerance threshold. A Thalgo exclusive.

Thalgo Deep Sea Cleansing Facial (60 minutes) - R900

Specifically designed for combination to oily skin. This treatment provides marine power to restore the beauty of healthy skin and visibly reduce imperfections, redefines pores and controls shine.

Thalgo Illuminating Radiance Facial (30 minutes) - R620

The Ultimate Hydra Marine Ritual, magnifies radiance and illuminates dull, tired complexions. The secret to its effectiveness is the mask and professional concentrates combined with energising digital pressure.

Add to this:

Thalgo Anti-Wrinkle Hyaluronic Eye Treatment - R290

This Hyaluronic eye treatment takes your existing Thalgo facials and incorporates the Eye Expert eye care treatment to maximum anti-aging results, from the very first treatment.

Thalgo Silicium Super Lift Facial (75 minutes) - R1 800 (Coming Soon)

This Thalgo treatment excels in correcting loss of firmness and smoothing deep wrinkles. At the heart of the treatment procedure is a highly effective anti-wrinkle massage combined with a professional double firming mask that eradicates wrinkles and restores radiance to the complexion.

Africology Bespoke Facial (60 minutes) - R750

A chemical free, bespoke facial tailored to the client's needs, yet performance driven with visible results. Correct treatment approach will be implemented on individual skin analysis.

The focus is on deep pore cleansing. Gentle, is the Africology approach. Hydration and effective supplementation are vital in preserving the skin's youthfulness. Never neglecting the sensitive skin under the eyes and dark circles.

Designed to lift and plump up the skin. Preserving the skin and preventing pre-mature aging is the Africology goal.

Revitalise. Rejuvenate. Purify. Balance.

PACKAGES

Thalgo Magical Duo Package (2 hours) - R3 100

Start your journey with "your person" 60 minute bespoke massage of your choice, followed by a de-luxe facial.

Thalgo Me Time Package (2 hours) - R1 500

Escape and indulge. A 60 minute bespoke massage followed by a 60 minute facial. Sheer decadence.

Add on a glass of Bubbles - R70 per glass

You could then enjoy a delicious lunch at EAT restaurant should you wish to extend your package. This will be charged A la Carte.

MANICURES

Deluxe Spa Manicure - R390

Deluxe Spa Pedicure - R420

Add Gelish - R100

Add Soak Off - R150

Add French - R100

WAXING

Lip - R90

Chin - R90

Brow (& Shape) - R140

TINTING

Lashes - R140

Brows - R120

Lash, Brow & Shape - R240

CANCELLATION POLICY

If you are not able to make your scheduled appointment, please advise us 5 hours in advance in order not to incur any cancellation charges.

Concierge Aesthetics – By Dr. Varsha



DR. VARSHA

Maxillofacial Surgeon practicing

I was privately educated at The Whykeham Collegiate & St. John's DSG, I spent many a happy year there. I achieved my undergraduate degree at Stellenbosch University. I then completed my post graduate at WITS University. I further pursued my education in Medical Aesthetics & expanded my knowledge in facial anatomy.

I have been exposed and privileged to work and train internationally.

What Is BOTOX Cosmetic

BOTOX Cosmetic may be the one for you. You may feel that the moderate to severe glabellar lines between your brows make you look tired or unapproachable, or have other reasons for being curious about BOTOX Cosmetic. Ask your doctor about BOTOX Cosmetic to find out if it is right for you.

What is Voluma

Juvéderm Voluma is injectable hyaluronic acid volumiser that re-contours the face to restore volume to chin, cheeks & cheekbones that have become hollow or thin due to weight loss or age-related facial fat loss. Immediately after treatment, you should notice that your facial contours appear fuller & rounder, giving your face a softer, more youthful appearance.

Please call the Hotel on 021 790 0116 between the hours of 08h00 – 16h00, to make your appointment with Dr Varsha.

Before the Treatment

- Consult Dr. Varsha to find out whether you are a candidate for treatment with BOTOX Cosmetic or Voluma. Consultation fee is R500 and is done at the Hotel or in your Hotel room.
- Dr. Varsha will ask you about your goals to determine where to administer BOTOX Cosmetic. To do this, Dr. Varsha may examine your ability to move certain muscles in your brow area. The location, size, and use of the muscles that create furrow between your brows can vary among individuals.
- Ask Dr. Varsha any questions you may have about your expectations for treatment.
- Discuss treatment goals and finalize a customized treatment plan tailored to your needs.

The Treatment

The administration of BOTOX Cosmetic involves:

- No anesthesia is required. However, Dr. Varsha may choose to numb the area with a cold pack or anesthetic cream. Discomfort is usually minimal and brief.
- Dr. Varsha will administer a few tiny injections of BOTOX Cosmetic directly into the muscles that cause those moderate-to-severe frown lines between the brows.

After the Treatment

- You will be required to remain upright for 6 hours after your treatment. No lying down. After the 6 hours, you're welcome to go out and enjoy your day.
- Common side effects associated with the injection include localized pain, infection, inflammation, tenderness, swelling, redness, and bleeding/bruising.